



Eating

Classic Belle Époque brasseries with street terraces line the western side of place du Capitole. Cosy places for world cuisines cluster in lanes off place de la Daurade, with cheaper versions, snack bars and late-night student grub along rue Pargaminières. **Taste of Toulouse** (www.tasteoftoulouse.com) has an inspirational blog that's well worth following even if you don't take one of Jessica's well-informed foodie tours.

Marché Victor Hugo

MARKET €

(www.marche-victor-hugo.fr; place Victor Hugo; mains €16-20; 🕒 market 7am-1.30pm Tue-Sun, restaurants from noon) Hidden at the base of a hideous concrete car park lies Toulouse's marvellous central food market where stall shops groan with tempting regional produce. Upstairs, five tiny serveries turn these fresh ingredients into highly prized luncheons. Arrive before noon and squeeze together with off-duty traders and in-the-know locals at the crowded mass of basic tables.